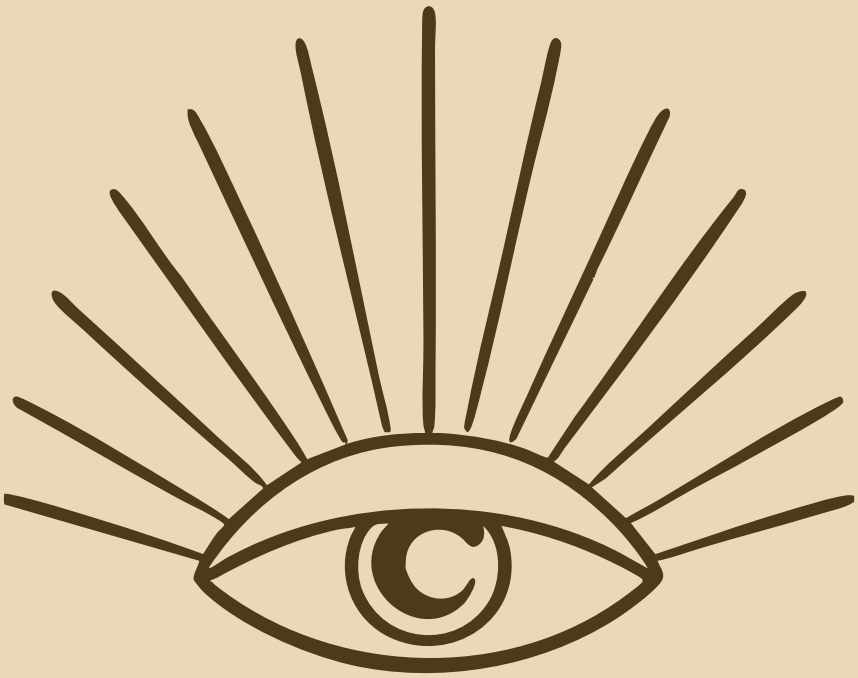
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THE HIDDEN HERO'S JOURNEY™

REALITY REVEALED: IMAGES AS A METHOD OF EXAMINING INTERPRETATION

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Reality Revealed: images as a method of examining interpretation

A message goes unanswered. The silence feels like rejection. Before another fact has arrived, the absence of a reply can become a conclusion about the relationship or the person waiting. Reality Revealed begins with the difference between those experiences: what happened, what was felt and the meaning given to it.

Reality Revealed: The Reality Literacy Deck is a 78-card deck and illustrated companion book created by Camilla Wellton within The Hidden Hero's Journey™, part of her I AWAKE universe of books and guided practices. Its images give readers a way to examine how an account of a situation takes shape. Recognition is a beginning: what does the picture help the reader notice, how does that relate to the actual occasion, and what might the interpretation have left out?

Wellton calls this inquiry Reality Literacy. It means staying in contact with experience while examining the processes that give it meaning. A feeling can be real while the explanation attached to it still needs information. The deck keeps both available for consideration, rather than asking the reader to dismiss the feeling or accept its first conclusion.

Seventy-eight cards, three different functions

The deck is organised into three layers: nine Circle cards, six realms of nine cards each, and fifteen Beings in three families. The distinction gives a reading several kinds of question, rather than seventy-eight interchangeable messages.

Circle concerns the conditions of the inquiry. Its cards address pausing, consent, pacing, uncertainty, revision and closure. A question about whether to act can begin with whether the person has enough information, needs time or is ready to finish the exploration.

The six realms locate the experience. House concerns identity and the relationships through which a person recognises themselves. Sky concerns perception, expectation and uncertainty. Garden gives emotional life a landscape in which

several feelings and needs can coexist. Forest concerns instinct and inner patterns, including responses that become noticeable before they can be put into words. Ocean places individual experience within culture and inheritance. Space examines awareness and how separate experiences are connected into meaning.

The fifteen Beings give human functions and patterns a face. Threshold Keepers appear around crossings and endings. Inner Companions personify strategies, needs and forms of aliveness. Mythic Messengers enlarge a pattern so that its attraction, difficulty and contradictions can be examined together. A personified protector, for example, lets the reader ask what a response seems to be protecting without making it the whole of who they are.

These images make relationships visible. A house offers rooms, thresholds and boundaries through which identity can be considered in more detail than a single label allows. Weather gives a form to changing conditions of perception. A garden lets the reader consider what is growing, what is crowded out and what needs a different kind of care. Their usefulness depends on the question and occasion, not a permanent type assigned to the reader.

Why the book belongs beside the cards

The companion book develops the images through descriptions, distinctions, examples and questions. It gives an association somewhere to go. The reader can notice what an image brings to mind, then compare that response with the card's particular inquiry and the situation they brought.

The reading methods make that relationship explicit. With one card, the reader considers the image, returns to the situation and asks where it fits and where it doesn't. A reading ends with a proportionate consequence: an action, a question, information to gather or something to leave open for now.

Two cards introduce a relationship between inquiries. One may qualify or complicate the other rather than provide its solution. A three-card reading can combine Circle, realm and Being: the condition of the inquiry, the territory being explored and the function or pattern being met. That structure is available when useful; the book also allows a precise question to stay with one card.

The procedure makes the reader a participant in interpretation. A connection between pictures is something to consider, not a substitute for the information the situation still needs.

Writing down what became clearer and what remains unknown gives the reading a point of return outside the images.

An illustrative reading: the unanswered message

Consider a person who has sent an important message and received no answer. They feel hurt and begin wondering whether they have made a mistake. They know the message was sent and that no reply has arrived. The reason for the silence is still unknown.

The Fog Bank, a card in Sky, concerns partial information and the temptation to complete the scene. Applied to this imagined situation, its question becomes concrete: where does the known event end and the explanation begin? Rejection, delay and distraction are possible accounts, but listing them doesn't establish which is true.

The person can ask what information would change their next decision. If a practical arrangement depends on the reply, they might send a clear question or name when an answer is needed. If they are considering a wider relationship pattern, they can look at what supports that account beyond this one event.

The feeling remains part of the inquiry while the conclusion acquires a more specific basis.

The same question may lead to a different action on another occasion. New information might be reassuring or difficult. The purpose is to meet more of the situation, rather than obtain the most agreeable explanation.

A different architecture for readers familiar with tarot

The companion book includes a comparison for readers who already use tarot, with particular attention to Thoth. It asks them to learn Reality Revealed's own organisation before importing meanings from another system. A recognisable figure or the shared count of seventy-eight cards doesn't establish a card-by-card equivalence.

The practical comparison begins with the reader's question. Is it about how to approach an encounter, where a pattern is operating or what response needs attention? Circle, realm and Being give those questions different places. Readers can

compare what each deck's own guide asks them to consider and keep their personal associations distinguishable from those explanations.

The Mirror Holder, for example, can bring attention to how another person's response became a conclusion about oneself. A resemblance to another deck's figure doesn't require that figure's meaning to be imported. The comparison concerns structure and interpretation, allowing experience with one system to inform a reading without deciding in advance what the other must say.

From a reassuring statement to an answerable question

An affirmation can offer encouragement. Reality Revealed develops a different task: describe an experience, examine its interpretation and consider what follows from the distinction. The result may be a more complicated understanding rather than a more positive statement.

A boundary image, for example, can open questions about what a limit protects, whether it is chosen, what it costs and how it relates to other people. It doesn't supply a universal instruction to close a relationship or become more assertive. The particular circumstances remain part of the answer.

A card is also allowed not to fit. The book asks readers to acknowledge a mismatch rather than search for a hidden experience that would make the draw seem correct. When an image fits very easily, the next question is what it cannot establish. Those two possibilities make the interpretive method inspectable: the reader can examine the association itself, including where it stops being useful.

For a feature or interview, the substantive subject is this relationship between symbolic imagination and the responsibility to check an account. How does a picture change the question? What does the accompanying text add? When should a reader seek information from another person instead of drawing another card? The deck can be discussed through its actual materials and methods without turning a description of its design into a claim of proven outcomes.

Press contacts

For press enquiries, interviews and press images, contact Camilla Wellton.

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See the deck and companion book, including the images and reading approach described here.

See Reality Revealed

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